

1 Open Windows settings

Repeat this before steps 2 to 8
Except for steps 6 and 7

1-Type "Settings" into the Windows search bar.



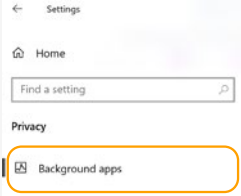
2-Launch the Windows Settings menu.



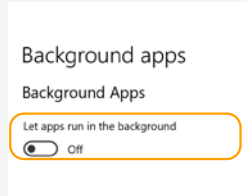
2 Turn off background apps

Open settings (Step 1) and click "Privacy"

1-Click on Background Apps



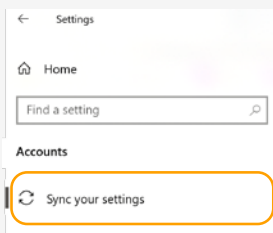
2-Switch Background Apps to "Off"



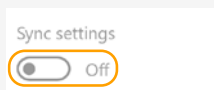
3 Disable settings synchronization

Open settings (Step 1) and click "Accounts"

1-Click on "Sync your settings".



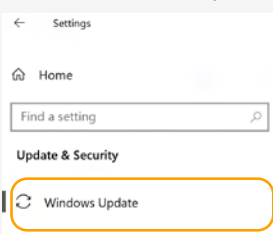
2-Toggle off the "Off" if not already deactivated.



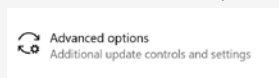
4 Turn off updates

Open settings (Step 1) and click "Update & Security"

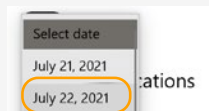
1-Click on "Windows Update".



2-Click on "Advanced options".



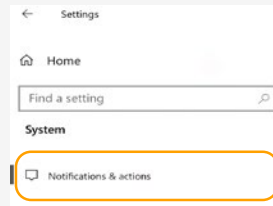
3-Under "Pause Updates", select length of time for disabling.



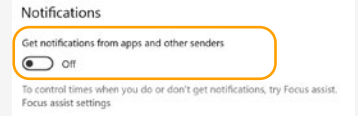
5 Switch off notifications

Open settings (Step 1) and click "System"

1-Click "Notifications & actions".



2-Turn "Notifications & actions" Off.



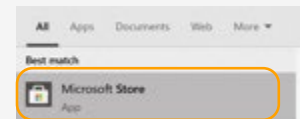
6 Turn off Microsoft store auto-update

Follow these steps to turn off Microsoft store auto-update

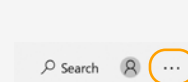
1-Type "Windows store" into the Windows search bar.



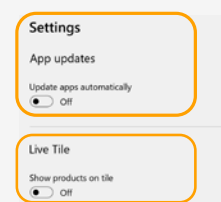
2-Launch Microsoft store.



3-Click "..." in the top right corner.



4-Toggle "Update apps automatically" and "Show products on tile" to Off.



7 Connect your device to Strigo. It's simple.

- You can use our Strigo Quick Start guide to help you open your connection.
- First, please close all applications except the one you want to use with Strigo.

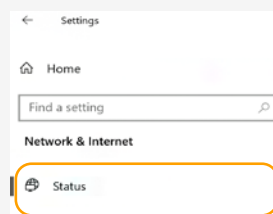
Notes:

- Strigo data usage will begin from this step onward.
- To ensure you're not running any background applications, consult the Tips & Tricks section.

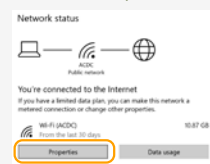
8 Turn on metered connection

Open settings (Step 1) and click "Network & Internet"

1-Click "Status".



2-Click "Properties".



3-Turn Metered connection to On.



TIP 1

Limit other background Apps

If you have several desktop apps installed, you'll probably have some apps running in background mode, which could slow certain tasks. We recommend that you check the hidden icon button to see which, if any, apps are running in the background. If so, just close them to save data.

In this example, only the antivirus is running, which is good.



TIP 2

Track apps that drain data in Windows

Step 1: Launch the Windows Settings menu.

Step 2: Select "Network & Internet".

Step 3: On the status page, click the Data usage button for your connection.

Step 4: Check the data consumption for each application. If an app consumes too much data, you might want to consider closing it. (See Tip 4 to close unwanted running processes).

Network status



You're connected to the Internet
If you have a limited data plan, you can make this network a metered connection or change other properties.



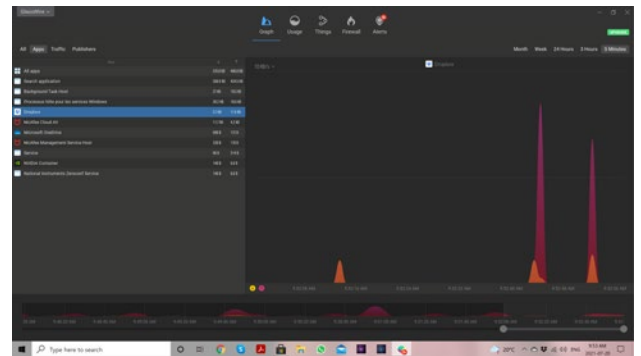
TIP 3

Track apps that drain data in Glasswire

Step 1: Install Glasswire from [glasswire.com](https://www.glasswire.com)

Step 2: Launch Glasswire and monitor which apps are draining data.

Step 3: Identify the applications that are draining data and close them if you don't need them. For background processes, open the Windows task monitor by pressing Ctrl + Alt + Delete keys. Then, end the appropriate tasks (only applications you're familiar with, not Windows services).



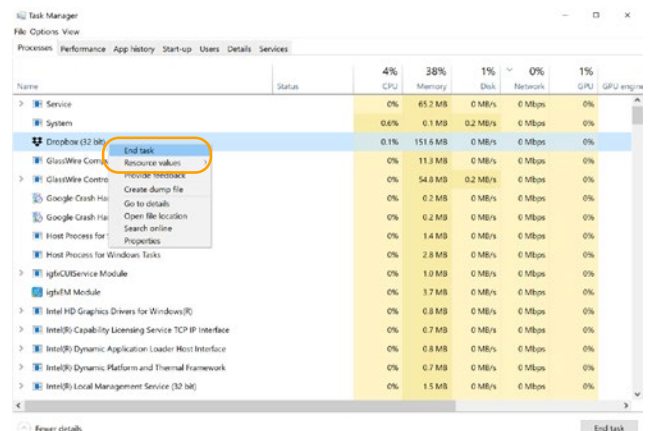
TIP 4

Close applications that drain data in background mode

If you've identified applications that are still draining data using Tip 2 or Tip 3, you can force Windows to close them.

Step 1: Press Ctrl + Alt + Delete keys and open the task manager.

Step 2: Search for the unwanted application or process draining your data, right-click on it and, in the drop-down menu, select End Task.



Name	Status	CPU	Memory	Disk	Network	GPU	GPU engine
Service		4%	38%	1%	0%	1%	
System		0%	65.2 MB	0 MB/s	0 MBps	0%	
Dropbox (32 bit)		0.1%	151.6 MB	0 MB/s	0 MBps	0%	
GlassWire Control		0%	11.3 MB	0 MB/s	0 MBps	0%	
GlassWire Control		0%	54.8 MB	0.2 MB/s	0 MBps	0%	
Google Crash Handler		0%	0.2 MB	0 MB/s	0 MBps	0%	
Google Crash Handler		0%	0.2 MB	0 MB/s	0 MBps	0%	
Host Process for Windows Task Scheduler		0%	1.4 MB	0 MB/s	0 MBps	0%	
Host Process for Windows Task Scheduler		0%	2.8 MB	0 MB/s	0 MBps	0%	
igfxCUIService Module		0%	1.0 MB	0 MB/s	0 MBps	0%	
igfxHM Module		0%	3.7 MB	0 MB/s	0 MBps	0%	
Intel HD Graphics Drivers for Windows(R)		0%	0.8 MB	0 MB/s	0 MBps	0%	
Intel(R) Capability Licensing Service TCP/IP Interface		0%	0.7 MB	0 MB/s	0 MBps	0%	
Intel(R) Dynamic Application Loader Host Interface		0%	0.8 MB	0 MB/s	0 MBps	0%	
Intel(R) Dynamic Platform and Thermal Framework		0%	0.7 MB	0 MB/s	0 MBps	0%	
Intel(R) Local Management Service (32 bit)		0%	1.5 MB	0 MB/s	0 MBps	0%	

Important: Only switch off applications or processes that you're familiar with, not system processes. Otherwise, you could damage your Windows environment.